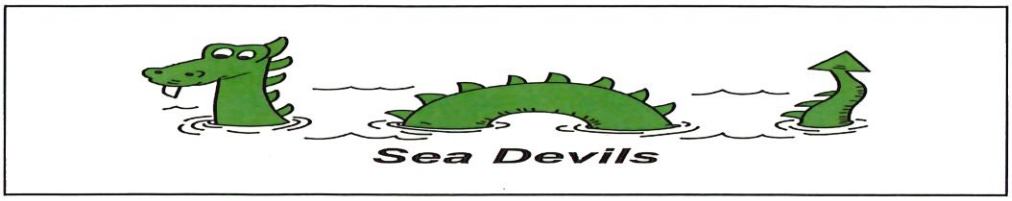

ISLAND HEIGHTS GRADE SCHOOL LUNCH MENU

September 2026

Monday	Tuesday	Wednesday	Thursday	Friday
Labor Day	1 Welcome Back Students and Staff!!!!	2 Early Dismissal No Lunches Served	3 Early Dismissal No Lunches Served	4 Early Dismissal No Lunches Served
7 Labor Day School Closed	8 NACHO TUESDAY'S Lettuce, Tomato, Cheddar Cheese, Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	9 General Tso's Chicken Oven Rice Broccoli Chilled Canned Fruit Fresh Fruit	10 Hot Dog On A Roll Baked Beans, Sweet Fries Chilled Canned Fruit Fresh Fruit	11 Pizza Green Beans Chilled Canned Fruit Fresh Fruit
14 Toasted Cheese Sweet Potato Puffs Carrot Coins, Spinach Chilled Canned Fruit Fresh Fruit	15 NACHO TUESDAY'S Lettuce, Tomato, Cheddar Cheese, Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	16 Mac & Cheese Stewed Tomatoes Carrots Chilled Canned Fruit Fresh Fruit	17 Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Chilled Canned Fruit Fresh Fruit	18 Pizza Green Beans Chilled Canned Fruit Fresh Fruit
21 Burger On A Roll Sweet Tots Green Beans Chilled Canned Fruit Fresh Fruit	22 NACHO TUESDAY'S Lettuce, Tomato, Cheddar Cheese, Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	23 Sweet Thai Turkey Fried Rice Oriental Veggies Egg Roll Chilled Canned Fruit Fresh Fruit	24 *Chicken Alfredo Pasta Broccoli Dinner Roll Chilled Canned Fruit Fresh Fruit*	25 Pizza Green Beans Chilled Canned Fruit Fresh Fruit
28 Meatball Sub Baked Beans, Sweet Fries Chilled Canned Fruit Fresh Fruit	29 NACHO TUESDAY'S Lettuce, Tomato, Cheddar Cheese, Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	30 Toasted Cheese Sweet Potato Puffs Carrot Coins, Spinach Chilled Canned Fruit Fresh Fruit		

Entrée Alternates

Looking for something different?

Choose from the following cold options.

MONDAYS

Nacho Fun Lunch
Or
PB&J Fun Lunch

TUESDAYS

PB&J Fun Lunch
Or
Pizza Bagel Fun Lunch

WEDNESDAYS

PB&J Fun Lunch
Or
Ham & Cheese Sandwich

THURSDAYS

Nacho Fun Lunch
Or
PB&J Fun Lunch

FRIDAYS

PB&J Fun Lunch
Or
Turkey & Cheese Sandwich

***All Menu stations are offered with a choice of 2 fruit or 2 vegetable sides and a choice of fat free chocolate, skim white and 1% white milk.**

Serving Time Starts @ 11:35AM

Lunch Price: $4.00 and Milk Price $0.70

"This institution is an equal opportunity provider"