



SEPTEMBER 2024,

ISLAND HEIGHTS GRADE SCHOOL - PRE-K LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>Labor Day</p>	<p>3</p> <p>Welcome Back Staff!!!!</p>	<p>4</p> <p>Welcome Back Students</p> <p>NO Lunches Served</p>	<p>5</p> <p>NO Lunches Served</p>	<p>6</p> <p>NO Lunches Served</p>
<p>9</p> <p>Popcorn Chicken Mashed Potatoes Seasoned Corn Dinner Roll Chilled Canned Fruit Fresh Fruit</p>	<p>10</p> <p><u>NACHO TUESDAY'S</u> Lettuce, Tomato, Cheddar Cheese, Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit</p>	<p>11</p> <p>Pasta With Meat Sauce Broccoli Chilled Canned Fruit Fresh Fruit</p>	<p>12</p> <p>Toasted Cheese Sweet Potato Puffs, Spinach Chilled Canned Fruit Fresh Fruit</p>	<p>13</p> <p>Pizza Green Beans Chilled Canned Fruit Fresh Fruit</p>
<p>16</p> <p>Chicken Alfredo Pasta Broccoli Dinner Roll Chilled Canned Fruit Fresh Fruit</p>	<p>17</p> <p><u>NACHO TUESDAY'S</u> Lettuce, Tomato, Cheddar Cheese, Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit</p>	<p>18</p> <p>Mac & Cheese Stewed Tomatoes Carrots Chilled Canned Fruit Fresh Fruit</p>	<p>19</p> <p>Sloppy Joe On a Kaiser Sweet Puffs Broccoli Chilled Fruit Fresh Fruit</p>	<p>20</p> <p>Pizza Green Beans Chilled Canned Fruit Fresh Fruit</p>
<p>23</p> <p>BBQ Pulled Pork On a Roll Sweet Tots Carrots Chilled Canned Fruit Fresh Fruit</p>	<p>24</p> <p><u>NACHO TUESDAY'S</u> Lettuce, Tomato, Cheddar Cheese, Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit</p>	<p>25</p> <p>Chicken Nuggets Mashed Potatoes Seasoned Broccoli Seasoned Corn WG Dinner Roll Chilled Canned Fruit Fresh Fruit</p>	<p>26</p> <p>Egg Patty, Sausage Patty Pancakes Hash Brown Chilled Canned Fruit Fresh Fruit</p>	<p>27</p> <p>Pizza Green Beans Chilled Canned Fruit Fresh Fruit</p>
<p>30</p> <p>Hot Dog On A Roll Baked Beans, Sweet Fries Chilled Canned Fruit Fresh Fruit</p>				

*All Menu stations are offered with a choice of 2 fruit or 2 vegetable sides and a choice of skim white and 1% white milk.

Serving Time: 11:30AM

“This institution is an equal opportunity provider”

