



Sea Devils

## ISLAND HEIGHTS GRADE SCHOOL LUNCH MENU PRE-K

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Burger Cheese or Plain On a Kaiser Sweet Puffs Broccoli Chilled Fruit Fresh Fruit	2 Sloppy Joe On a Kaiser Sweet Puffs Broccoli Chilled Fruit Fresh Fruit	3 Pizza Green Beans Chilled Canned Fruit Fresh Fruit
6 Hot Dog On A Roll Baked Beans, Sweet Fries Chilled Canned Fruit Fresh Fruit	7 <u>Chicken Fajitas</u> Peppers & Onions Cheddar Cheese, Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	8 General Tso's Chicken Oven Rice Broccoli Chilled Canned Fruit Fresh Fruit	9 Baked Ziti Carrot Coins Green Beans Dinner Roll Chilled Canned Fruit Fresh Fruit	10 Early Dismissal  No Lunches Served
13 <i>Columbus Day</i>  <i>School Closed</i>	14 <u>NACHO TUESDAY'S</u> Lettuce, Tomato, Cheddar Cheese, Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	15 Mac & Cheese Stewed Tomatoes Carrots Chilled Canned Fruit Fresh Fruit	16 Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Chilled Canned Fruit Fresh Fruit	17 Pizza Green Beans Chilled Canned Fruit Fresh Fruit
20 Burger On A Roll Sweet Tots Green Beans Chilled Canned Fruit Fresh Fruit	21 <u>Chicken Fajitas</u> Peppers & Onions Cheddar Cheese, Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	22 Toasted Cheese Sweet Potato Puffs Carrot Coins, Spinach Chilled Canned Fruit Fresh Fruit	23 <i>Chicken Alfredo</i> <i>Pasta</i> <i>Broccoli</i> <i>Dinner Roll</i> <i>Chilled Canned Fruit</i> <i>Fresh Fruit</i>	24 Pizza Green Beans Chilled Canned Fruit Fresh Fruit
27 Meatball Sub Baked Beans, Sweet Fries Chilled Canned Fruit Fresh Fruit	28 <u>NACHO TUESDAY'S</u> Lettuce, Tomato, Cheddar Cheese, Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	29 Hot Dog On A Roll Baked Beans, Sweet Fries Chilled Canned Fruit Fresh Fruit	30 Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Chilled Canned Fruit Fresh Fruit	31 Pizza Green Beans Chilled Canned Fruit Fresh Fruit

October 2025

### Entrée Alternates

Looking for something different?

Choose from the following cold options.

#### MONDAYS

Nacho Fun Lunch

Or

PB&J Fun Lunch

#### TUESDAYS

PB&J Fun Lunch

Or

Pizza Bagel Fun Lunch

#### WEDNESDAYS

PB&J Fun Lunch

Or

Ham & Cheese Sandwich

#### THURSDAYS

Nacho Fun Lunch

Or

PB&J Fun Lunch

#### FRIDAYS

PB&J Fun Lunch

Or

Turkey & Cheese Sandwich



\*All Menu stations are offered with a choice of 2 fruit or 2 vegetable sides and a choice of fat free chocolate, skim white and 1% white milk.

Serving Time Starts:@ 11:35 AM

Lunch Price: \$3.85 Milk: \$0.65

"This institution is an equal opportunity provider"