ISLAND HEIGHTS GRADE SCHOOL LUNCH MENU PRE-K

November, 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 Fall Break School Closed	3 Fall Break School Closed	4 Fall Break School Closed	5 NJEA Convention School Closed	6 NJEA Convention School Closed
9 BBQ Pulled Pork Sweet Fries Green Beans Chilled Canned Fruit Fresh Fruit	10 Chicken Fajita's Lettuce, Tomato, Cheddar Cheese, Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	11 Chicken Nuggets Mashed Potatoes Green Beans Dinner Roll Chilled Canned Fruit Fresh Fruit	12 Mac & Cheese Stewed Tomatoes Carrots Chilled Canned Fruit Fresh Fruit	13 Pizza Green Beans Chilled Canned Fruit Fresh Fruit
16 Hot Dog On A Roll Baked Beans, Sweet Fries Chilled Canned Fruit Fresh Fruit	17 NACHO TUESDAY'S Lettuce, Tomato, Cheddar Cheese, Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	18 Thanksgiving Dinner Turkey, Stuffing Mashed Potatoes Corn, Gravy Cranberry Sauce Pumpkin Pie.	19 Toasted Cheese Sweet Potato Puffs Carrot Coins, Spinach Chilled Canned Fruit Fresh Fruit	20 Parent/Teacher Conference 1:00 Dismissal NO Lunches Served
23 Parent/Teacher Conference 1:00 Dismissal NO Lunches Served	24 Parent/Teacher Conference 1:00 Dismissal NO Lunches Served	25 1:00 Dismissal NO Lunches Served	26 Thanksgiving Day School Closed 	27 Thanksgiving Recess School Closed
30 Burgers Baked Beans' Fries Chilled Canned Fruit Fresh Fruit				

Entrée Alternates

Looking for something different?
Choose from the following cold options.

MONDAYS
Nacho Fun Lunch
Or
PB&J Fun Lunch

TUESDAYS
PB&J Fun Lunch
Or
Pizza Bagel Fun Lunch

WEDNESDAYS
PB&J Fun Lunch
Or
Ham & Cheese Sandwich

THURSDAYS
Nacho Fun Lunch
Or
PB&J Fun Lunch

FRIDAYS
PB&J Fun Lunch
Or
Turkey & Cheese Sandwich

***All Menu stations are offered with a choice of 2 fruit or 2 vegetable sides and a choice of skim white and 1% white milk.**

Serving Time Starts 11:35AM

LUNCH PRICE: $4.00 MILK PRICE: $.70

"This institution is an equal opportunity provider"