

ISLAND HEIGHTS GRADE SCHOOL - LUNCH MENU PRE K

Monday	Tuesday	Wednesday	Thursday	Friday
28	29	30	MAY 1	2
Burger	Nacho Tuesday	Sloppy Joe	Pasta w/Meat Sauce	Pizza
On a Roll	Beef, Lettuce,	On a Bun	Broccoli	Green Beans
Sweet Tots	Tomato,	Sweet Tots	Dinner Roll	Chilled Canned
Baked Beans	Cheddar Cheese,	Green Beans	Chilled Canned Fruit	Fruit
Chilled Canned	Mixed Beans	Chilled Canned	Fresh Fruit	Fresh Fruit
Fruit	Salsa,	Fruit		
Fresh Fruit	Brown Rice,	Fresh Fruit		
	Chilled Canned Fruit			
	Fresh Fruit			
5	6	7 ,	8	9
Chicken Nuggets	Nacho Tuesday	Pancakes	BBQ Pulled Pork	Pizza
Mashed Potatoes	Beef, Lettuce,	Sausage Patty	Baked Wedges	Green Beans
Seasoned Corn	Tomato,	Hash Brown	Green Beans	Chilled Canned
WG Dinner Roll	Cheddar Cheese,	Chilled Canned	Chilled Canned Fruit	Fruit
Chilled Canned	Mixed Beans	Fruit	Fresh Fruit	Fresh Fruit
Fruit	Salsa,	Fresh Fruit		
Fresh Fruit	Brown Rice,			
	Chilled Canned Fruit			
	Fresh Fruit			
12	13	14	15	16
Hot Dog	Nacho Tuesday	Teriyaki Chicken	Toasted Cheese	Pizza
Baked Fries	Beef, Lettuce,	Rice	Sweet Potato Puffs,	Green Beans
Green Beans	Tomato,	Oriental	Spinach	Chilled Canned
Chilled Canned	Cheddar Cheese,	Vegetables	Chilled Canned Fruit	Fruit
Fruit	Mixed Beans	Fortune Cookie	Fresh Fruit	Fresh Fruit
Fresh Fruit	Salsa,	Chilled Canned		
	Brown Rice,	Fruit		
	Chilled Canned Fruit	Fresh Fruit		
	Fresh Fruit			
19	20	21	22	23
Chicken Nuggets	Nacho Tuesday	Mac & Cheese	Pasta w/Meat Sauce	Half Day
Mashed Potatoes	Beef, Lettuce,	Stewed Tomatoes	Broccoli	•
Seasoned Corn	Tomato,	Carrots	Dinner Roll	No Lunches
WG Dinner Roll	Cheddar Cheese,	Chilled Canned	Chilled Canned Fruit	Served
Chilled Canned	Mixed Beans	Fruit	Fresh Fruit	
Fruit	Salsa,	Fresh Fruit		
Fresh Fruit	Brown Rice,			
	Chilled Canned Fruit		1	
	Fresh Fruit			
26	27	28	29	30
Memorial Day	Nacho Tuesday	Pancakes	Beef A Roni	Pizza
**	Beef, Lettuce,	Sausage Patty	Broccoli	Green Beans
School Closed	Tomato,	Hash Brown	Seasoned Carrots	Chilled Canned
	Cheddar Cheese,	Chilled Canned	Dinner Roll	Fruit
	Mixed Beans	Fruit	Chilled Canned Fruit	Fresh Fruit
	Salsa,	Fresh Fruit	Fresh Fruit	
	Brown Rice,			
	Chilled Canned Fruit	9		
ı	Fresh Fruit	1	1	

*All Menu stations are offered with a choice of 2 fruit or 2 vegetable sides and a choice of fat free chocolate, skim white and 1% white milk.

Lunch Price: \$3.75 Milk Price: \$.60 Serving Time Starts:@ 11:35AM

"This institution is an equal opportunity provider"

MAY 2025

ENTRÉE' ALTERNATES

CHOOSE FROM THE FOLLOWING COLD OPTIONS.

MONDAYS
Ham & Cheese Sandwich
Or
PB&J

TUESDAYS

PB&J Or Turkey & Cheese Sandwich

WEDNESDAYS

PB&J Or Ham & Cheese Sandwich

THURSDAYS
Ham & Cheese Sandwich
Or
PB&J

FRIDAYS
PB&J
Or
Turkey & Cheese Sandwich



