



## ISLAND HEIGHTS GRADE SCHOOL - LUNCH MENU PRE-K

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Burger On a Roll Sweet Tots Baked Beans Chilled Canned Fruit Fresh Fruit	<b>4</b> <u>Soft Tacos</u> Lettuce, Tomato, Cheddar Cheese, Mixed Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	<b>5</b> Toasted Cheese Sweet Potato Puffs, Spinach Chilled Canned Fruit Fresh Fruit	<b>6</b> Pasta W/ Meat Sauce Broccoli Dinner Roll Chilled Canned Fruit Fresh Fruit	<b>7</b> Pizza Green Beans Chilled Canned Fruit Fresh Fruit
<b>10</b> Chicken Nuggets Mashed Potatoes Seasoned Corn WG Dinner Roll Chilled Canned Fruit Fresh Fruit	<b>11</b> <u>Soft Tacos</u> Lettuce, Tomato, Cheddar Cheese, Mixed Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	<b>12</b> Hot Dog Baked Fries Green Beans Chilled Canned Fruit Fresh Fruit	<b>13</b> Mac & Cheese Stewed Tomatoes Carrots Chilled Canned Fruit Fresh Fruit	<b>14</b> Early Dismissal  No Lunch Served
<b>17</b> Presidents Day  School Closed	<b>18</b> <u>Soft Tacos</u> Lettuce, Tomato, Cheddar Cheese, Mixed Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	<b>19</b> Toasted Cheese Sweet Potato Puffs, Spinach Chilled Canned Fruit Fresh Fruit	<b>20</b> Pancakes Sausage Patty Hash Brown Chilled Canned Fruit Fresh Fruit	<b>21</b> Pizza Green Beans Chilled Canned Fruit Fresh Fruit
<b>24</b> Hot Dog Baked Fries Green Beans Chilled Canned Fruit Fresh Fruit	<b>25</b> <u>Soft Tacos</u> Lettuce, Tomato, Cheddar Cheese, Mixed Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	<b>26</b> Chicken Nuggets Mashed Potatoes Seasoned Corn WG Dinner Roll Chilled Canned Fruit Fresh Fruit	<b>27</b> Sloppy Joe On A Bun Tater Tots Carrots Chilled Canned Fruit Fresh Fruit	<b>28</b> Pizza Green Beans Chilled Canned Fruit Fresh Fruit
<b>MARCH 3rd</b> Burger On a Roll Sweet Tots Baked Beans Chilled Canned Fruit Fresh Fruit	<b>4</b> <u>Soft Tacos</u> Lettuce, Tomato, Cheddar Cheese, Mixed Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	<b>5</b> Pasta W/ Meat Sauce Broccoli Dinner Roll Chilled Canned Fruit Fresh Fruit	<b>6</b> Pulled Pork Sandwich Potato Wedges Chilled Canned Fruit Fresh Fruit	<b>7</b> Pizza Green Beans Chilled Canned Fruit Fresh Fruit

FEBRUARY 2025

### ENTRÉE' ALTERNATES

CHOOSE FROM THE FOLLOWING COLD OPTIONS.

**MONDAYS**  
 Ham & Cheese Sandwich  
 Or  
 PB&J

**TUESDAYS**  
 PB&J  
 Or  
 Turkey & Cheese Sandwich

**WEDNESDAYS**  
 PB&J  
 Or  
 Ham & Cheese Sandwich

**THURSDAYS**  
 Ham & Cheese Sandwich  
 Or  
 PB&J

**FRIDAYS**  
 PB&J  
 Or  
 Turkey & Cheese Sandwich



\*All Menu stations are offered with a choice of 2 fruit or 2 vegetable, skim white and 1% white milk.

Serving Time Starts: @ 11:35AM

Lunch Price: \$3.75 Milk Price: \$.60

"This institution is an equal opportunity provider"