

ISLAND HEIGHTS GRADE SCHOOL - LUNCH MENU PRE-K

Monday	Tuesday	Wednesday	Thursday	Friday
	Soft Tacos Lettuce, Tomato, Cheddar Cheese, Mixed Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	Chicken Alfredo Pasta Broccoli Dinner Roll Chilled Canned Fruit Fresh Fruit	3 Pulled Pork Sandwich Potato Wedges Chilled Canned Fruit Fresh Fruit	4 Pizza Green Beans Chilled Canned Fruit Fresh Fruit
Chicken Nuggets Mashed Potatoes Seasoned Corn WG Dinner Roll Chilled Canned Fruit Fresh Fruit	8 Soft Tacos Lettuce, Tomato, Cheddar Cheese, Mixed Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	9 Toasted Cheese Sweet Potato Puffs, Spinach Chilled Canned Fruit Fresh Fruit	Hot Dog Baked Fries Green Beans Chilled Canned Fruit Fresh Fruit	11 Pizza Green Beans Chilled Canned Fruit Fresh Fruit
14 Mac & Cheese Stewed Tomatoes Carrots Chilled Canned Fruit Fresh Fruit	15 Soft Tacos Lettuce, Tomato, Cheddar Cheese, Mixed Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	16 Pancakes Sausage Patty Hash Brown Chilled Canned Fruit Fresh Fruit	17 Pizza Green Beans Chilled Canned Fruit Fresh Fruit	18 Spring Break School Closed
21 Spring Break School Closed	22 Spring Break School Closed	23 Spring Break School Closed	24 Spring Break School Closed	25 Spring Break School Closed
Burger On a Roll Sweet Tots Baked Beans Chilled Canned Fruit Fresh Fruit	29 Soft Tacos Lettuce, Tomato, Cheddar Cheese, Mixed Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	Sloppy Joe On a Bun Sweet Tots Green Beans Chilled Canned Fruit Fresh Fruit	1	2

APRIL 2025

ENTRÉE' ALTERNATES

CHOOSE FROM THE FOLLOWING COLD OPTIONS.

<u>MONDAYS</u>

Ham & Cheese Sandwich Or PB&J

TUESDAYS

PB&J

Or

Turkey & Cheese Sandwich

WEDNESDAYS

PB&J

Or

Ham & Cheese Sandwich

THURSDAYS

Ham & Cheese Sandwich Or PB&J

FRIDAYS

PB&J Or

Turkey & Cheese Sandwich





*All Menu stations are offered with a choice of 2 fruit or 2 vegetable sides and a choice of fat free chocolate, skim white and 1% white milk.

Serving Time Starts:@ 11:35AM

Lunch Price: \$3.75 Milk Price: \$0.60

"This institution is an equal opportunity provider"