



Sea Devils

## ISLAND HEIGHTS GRADE SCHOOL- LUNCH MENU PRE-K

Monday	Tuesday	Wednesday	Thursday	Friday
2 Shredded BBQ Chicken Sweet Tots Carrots Chilled Canned Fruit Fresh Fruit	3 <u>NACHO TUESDAY'S</u> Lettuce, Tomato, Cheddar Cheese, Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	4 Chicken Nuggets Mashed potatoes Green Beans Chilled Canned Fruit Fresh Fruit	5 Grilled Cheese Sweet Tots Chilled Canned Fruit Fresh Fruit	6 Pizza Green Beans Chilled Canned Fruit Fresh Fruit
9 Popcorn Chicken Mashed Potatoes Seasoned Corn Dinner Roll Chilled Canned Fruit Fresh Fruit	10 <u>Chicken Fajita's</u> Lettuce Tomato Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	11 Mac & Cheese Stewed Tomatoes Dinner Roll Green Beans Chilled Canned Fruit Fresh Fruit	12 Egg Patty, Sausage Patty Pancakes Hash Brown Chilled Canned Fruit Fresh Fruit	13 Half Day  No Lunches Served
16 Hamburger or Cheeseburger Baked Fries Sweet Peas Chilled Canned Fruit Fresh Fruit	17 <u>NACHO TUESDAY'S</u> Lettuce, Tomato, Cheddar Cheese, Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	18 Chicken Nuggets Mashed potatoes Green Beans Chilled Canned Fruit Fresh Fruit	19 Pasta With Meat Sauce Broccoli Chilled Canned Fruit Fresh Fruit	20 Pizza Green Beans Chilled Canned Fruit Fresh Fruit
23 Hot Dog Sweet Tots Baked Beans Chilled Canned Fruit Fresh Fruit	24 <u>Chicken Fajita's</u> Lettuce Tomato Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	25 Grilled Cheese Sweet Tots Chilled Canned Fruit Fresh Fruit	26 Herb Encrusted Chicken Mashed Potatoes Corn Dinner Roll Chilled Canned Fruit Fresh Fruit	27 Pizza Green Beans Chilled Canned Fruit Fresh Fruit
30 Sloppy Joe's Baked Fries Peas Chilled Canned Fruit Fresh Fruit	31 <u>NACHO TUESDAY'S</u> Lettuce, Tomato, Cheddar Cheese, Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit			

MARCH- 2026

**ENTRÉE' ALTERNATES**  
Looking for something  
different?

Choose from the  
following cold options

When Ordering Please  
Give the total number of  
"A" or "B" Alternatives

**MONDAYS**

Nacho Fun Lunch  
Or  
PB&J Fun Lunch

**TUESDAYS**

PB&J Fun Lunch  
Or  
Pizza Bagel Fun Lunch

**WEDNESDAYS**

PB&J Fun Lunch  
Or  
Ham & Cheese Sandwich

**THURSDAYS**

Nacho Fun Lunch  
Or  
PB&J Fun Lunch

**FRIDAYS**

PB&J Fun Lunch  
Or  
Turkey & Cheese Sandwich



\*All Menu stations are offered with a choice of 2 fruit or 2 vegetable sides and a choice of skim white and 1% white milk.

Serving Time Starts: @ 11:30AM

Lunch Price: \$3.85 Milk Price: \$0.65

"This institution is an equal opportunity provider"