



## ISLAND HEIGHTS GRADE SCHOOL- LUNCH MENU PRE-K

| Monday  | Tuesday   | Wednesday  | Thursday  | Friday  |
|---|---|--|---|---|
| <b>30</b><br>Sloppy Joe's<br>Baked Fries<br>Peas<br>Chilled Canned Fruit<br>Fresh Fruit                       | <b>31</b><br><u>NACHO TUESDAY'S</u><br>Lettuce, Tomato,<br>Cheddar Cheese,<br>Black Beans<br>Salsa,<br>Brown Rice,<br>Chilled Canned Fruit<br>Fresh Fruit | <b>April 1st</b><br>Egg Patty,<br>Sausage Patty<br>Pancakes<br>Hash Brown<br>Chilled Canned Fruit<br>Fresh Fruit | <b>2</b><br>Mac & Cheese<br>Stewed Tomatoes<br>Dinner Roll<br>Green Beans<br>Chilled Canned Fruit<br>Fresh Fruit        | <b>3</b><br>Half Day<br>No Lunches Served                                     |
| <b>6</b><br>Spring Break<br>School Closed   | <b>7</b><br>Spring Break<br>School Closed   | <b>8</b><br>Spring Break<br>School Closed  | <b>9</b><br>Spring Break<br>School Closed   | <b>10</b><br>Spring Break<br>School Closed                                    |
| <b>13</b><br>Hamburger or<br>Cheeseburger<br>Baked Fries<br>Sweet Peas<br>Chilled Canned Fruit<br>Fresh Fruit | <b>14</b><br><u>Chicken Fajita's</u><br>Lettuce Tomato<br>Black Beans<br>Salsa,<br>Brown Rice,<br>Chilled Canned Fruit<br>Fresh Fruit                     | <b>15</b><br>Chicken Nuggets<br>Mashed potatoes<br>Green Beans<br>Chilled Canned Fruit<br>Fresh Fruit            | <b>16</b><br>Grilled Cheese<br>Sweet Tots<br>Chilled Canned Fruit<br>Fresh Fruit  | <b>17</b><br>Pizza<br>Green Beans<br>Chilled Canned Fruit<br>Fresh Fruit      |
| <b>20</b><br>BBQ<br>Pulled Chicken<br>Sandwich<br>Potato Wedges<br>Chilled Canned Fruit<br>Fresh Fruit        | <b>21</b><br><u>NACHO TUESDAY'S</u><br>Lettuce, Tomato,<br>Cheddar Cheese,<br>Black Beans<br>Salsa,<br>Brown Rice,<br>Chilled Canned Fruit<br>Fresh Fruit | <b>22</b><br>Beef-A-Roni<br>Green Beans<br>Broccoli<br>Chilled Canned Fruit<br>Fresh Fruit                       | <b>23</b><br>Herb Encrusted<br>Chicken<br>Mashed Potatoes<br>Corn<br>Dinner Roll<br>Chilled Canned Fruit<br>Fresh Fruit | <b>24</b><br>Pizza<br>Green Beans<br>Chilled Canned Fruit<br>Fresh Fruit      |
| <b>27</b><br>Hot Dog<br>Baked Beans<br>Baked Fries<br>Peas<br>Chilled Canned Fruit<br>Fresh Fruit             | <b>28</b><br><u>Chicken Fajita's</u><br>Lettuce Tomato<br>Black Beans<br>Salsa,<br>Brown Rice,<br>Chilled Canned Fruit<br>Fresh Fruit                     | <b>29</b><br>Chicken Nuggets<br>Mashed potatoes<br>Green Beans<br>Chilled Canned Fruit<br>Fresh Fruit            | <b>30</b><br>Egg Patty,<br>Sausage Patty<br>Pancakes<br>Hash Brown<br>Chilled Canned Fruit<br>Fresh Fruit               | <b>May 1st</b><br>Pizza<br>Green Beans<br>Chilled Canned Fruit<br>Fresh Fruit |

APRIL - 2026

**ENTRÉE' ALTERNATES**  
 Looking for something different?

Choose from the following cold options

When Ordering Please Give the total number of "A" or "B" Alternatives

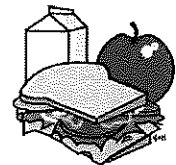
**MONDAYS**  
 Nacho Fun Lunch  
 Or  
 PB&J Fun Lunch

**TUESDAYS**  
 PB&J Fun Lunch  
 Or  
 Pizza Bagel Fun Lunch

**WEDNESDAYS**  
 PB&J Fun Lunch  
 Or  
 Ham & Cheese Sandwich

**THURSDAYS**  
 Nacho Fun Lunch  
 Or  
 PB&J Fun Lunch

**FRIDAYS**  
 PB&J Fun Lunch  
 Or  
 Turkey & Cheese Sandwich



**\*All Menu stations are offered with a choice of 2 fruit or 2 vegetable sides and a choice of skim white and 1% white milk.**

Milk .65¢ Lunch \$3.85

Serving Time Starts: @ 11:35AM

**"This institution is an equal opportunity provider"**

