



ISLAND HEIGHTS GRADE SCHOOL - LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
27 Hot Dog Baked Beans Baked Fries Peas Chilled Canned Fruit Fresh Fruit	28 <u>Chicken Fajita's</u> Lettuce Tomato Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	29 Chicken Nuggets Mashed potatoes Green Beans Chilled Canned Fruit Fresh Fruit	30 Egg Patty, Sausage Patty Pancakes Hash Brown Chilled Canned Fruit Fresh Fruit	May 1st Pizza Green Beans Chilled Canned Fruit Fresh Fruit
4 Mac & Cheese Stewed Tomatoes Dinner Roll Green Beans Chilled Canned Fruit Fresh Fruit	5 <u>Cinco De Mayo Southwest Nuggets</u> Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	6 Chicken & Broccoli Alfredo With Pasta Carrots Dinner Roll Chilled Canned Fruit Fresh Fruit	7 Hamburger or Cheeseburger Baked Fries Sweet Peas Chilled Canned Fruit Fresh Fruit	8 Pizza Green Beans Chilled Canned Fruit Fresh Fruit
11 Sloppy Joe's Baked Fries Peas Chilled Canned Fruit Fresh Fruit	12 <u>NACHO TUESDAY'S</u> Lettuce, Tomato, Cheddar Cheese, Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	13 Herb Encrusted Chicken Mashed Potatoes Corn Dinner Roll Chilled Canned Fruit Fresh Fruit	14 Grilled Cheese Sweet Tots Chilled Canned Fruit Fresh Fruit	15 Pizza Green Beans Chilled Canned Fruit Fresh Fruit
18 Hamburger or Cheeseburger Baked Fries Sweet Peas Chilled Canned Fruit Fresh Fruit	19 <u>Chicken Fajita's</u> Lettuce Tomato Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	20 Egg Patty, Sausage Patty Pancakes Hash Brown Chilled Canned Fruit Fresh Fruit	21 Hot Dog Baked Beans Baked Fries Peas Chilled Canned Fruit Fresh Fruit	22 No Lunch Served 1:00 p.m. Dismissal
25 Memorial Day School Closed 	26 <u>NACHO TUESDAY'S</u> Lettuce, Tomato, Cheddar Cheese, Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	27 Beef-A-Roni Green Beans Broccoli Chilled Canned Fruit Fresh Fruit	28 Chicken Nuggets Mashed potatoes Green Beans Chilled Canned Fruit Fresh Fruit	29 Pizza Green Beans Chilled Canned Fruit Fresh Fruit

MAY - 2026

ENTRÉE' ALTERNATES
 Looking for something different?

Choose from the following cold options

When Ordering Please Give the total number of "A" or "B" Alternatives

MONDAYS
 Nacho Fun Lunch
 Or
 PB&J Fun Lunch

TUESDAYS
 PB&J Fun Lunch
 Or
 Pizza Bagel Fun Lunch

WEDNESDAYS
 PB&J Fun Lunch
 Or
 Ham & Cheese Sandwich

THURSDAYS
 Nacho Fun Lunch
 Or
 PB&J Fun Lunch

FRIDAYS
 PB&J Fun Lunch
 Or
 Turkey & Cheese Sandwich



***All Menu stations are offered with a choice of 2 fruit or 2 vegetable sides and a choice of fat free chocolate, skim white and 1% white milk.**
 Milk .65¢ Lunch \$3.85
 Serving Time Starts: @ 11:35AM
"This institution is an equal opportunity provider"

