



## ISLAND HEIGHTS GRADE SCHOOL - LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
28 Burger On a Roll Sweet Tots Baked Beans Chilled Canned Fruit Fresh Fruit	29 <u>Nacho Tuesday</u> Beef, Lettuce, Tomato, Cheddar Cheese, Mixed Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	30 Sloppy Joe On a Bun Sweet Tots Green Beans Chilled Canned Fruit Fresh Fruit	MAY 1 Pasta w/Meat Sauce Broccoli Dinner Roll Chilled Canned Fruit Fresh Fruit	2 Pizza Green Beans Chilled Canned Fruit Fresh Fruit
5 Chicken Nuggets Mashed Potatoes Seasoned Corn WG Dinner Roll Chilled Canned Fruit Fresh Fruit	6 <u>Nacho Tuesday</u> Beef, Lettuce, Tomato, Cheddar Cheese, Mixed Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	7 Pancakes Sausage Patty Hash Brown Chilled Canned Fruit Fresh Fruit	8 BBQ Pulled Pork Baked Wedges Green Beans Chilled Canned Fruit Fresh Fruit	9 Pizza Green Beans Chilled Canned Fruit Fresh Fruit
12 Hot Dog Baked Fries Green Beans Chilled Canned Fruit Fresh Fruit	13 <u>Nacho Tuesday</u> Beef, Lettuce, Tomato, Cheddar Cheese, Mixed Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	14 Teriyaki Chicken Rice Oriental Vegetables Fortune Cookie Chilled Canned Fruit Fresh Fruit	15 Toasted Cheese Sweet Potato Puffs, Spinach Chilled Canned Fruit Fresh Fruit	16 Pizza Green Beans Chilled Canned Fruit Fresh Fruit
19 Chicken Nuggets Mashed Potatoes Seasoned Corn WG Dinner Roll Chilled Canned Fruit Fresh Fruit	20 <u>Nacho Tuesday</u> Beef, Lettuce, Tomato, Cheddar Cheese, Mixed Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	21 Mac & Cheese Stewed Tomatoes Carrots Chilled Canned Fruit Fresh Fruit	22 Pasta w/Meat Sauce Broccoli Dinner Roll Chilled Canned Fruit Fresh Fruit	23 Half Day  No Lunches Served
26 Memorial Day  School Closed	27 <u>Nacho Tuesday</u> Beef, Lettuce, Tomato, Cheddar Cheese, Mixed Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	28 Pancakes Sausage Patty Hash Brown Chilled Canned Fruit Fresh Fruit	29 Beef A Roni Broccoli Seasoned Carrots Dinner Roll Chilled Canned Fruit Fresh Fruit	30 Pizza Green Beans Chilled Canned Fruit Fresh Fruit

MAY 2025

### ENTRÉE' ALTERNATES

CHOOSE FROM THE  
FOLLOWING COLD  
OPTIONS.

**MONDAYS**  
Ham & Cheese Sandwich  
Or  
PB&J

**TUESDAYS**  
PB&J  
Or  
Turkey & Cheese Sandwich

**WEDNESDAYS**  
PB&J  
Or  
Ham & Cheese Sandwich

**THURSDAYS**  
Ham & Cheese Sandwich  
Or  
PB&J

**FRIDAYS**  
PB&J  
Or  
Turkey & Cheese Sandwich



\*All Menu stations are offered with a choice of 2 fruit or 2 vegetable sides and a choice of fat free chocolate, skim white and 1% white milk.

Lunch Price: \$3.75 Milk Price: \$.60

Serving Time Starts:@ 11:35AM

"This institution is an equal opportunity provider"