



ISLAND HEIGHTS GRADE SCHOOL - LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
3 Burger On a Roll Sweet Tots Baked Beans Chilled Canned Fruit Fresh Fruit	4 <u>Soft Tacos</u> Lettuce, Tomato, Cheddar Cheese, Mixed Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	5 Pasta W/ Meat Sauce Broccoli Dinner Roll Chilled Canned Fruit Fresh Fruit	6 Beef A Roni Seasoned Carrots Seasoned Peas Dinner Roll Chilled Canned Fruit Fresh Fruit	7 Pizza Green Beans Chilled Canned Fruit Fresh Fruit
10 Chicken Nuggets Mashed Potatoes Seasoned Corn WG Dinner Roll Chilled Canned Fruit Fresh Fruit	11 <u>Soft Tacos</u> Lettuce, Tomato, Cheddar Cheese, Mixed Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	12 Pancakes Sausage Patty Hash Brown Chilled Canned Fruit Fresh Fruit	13 Hot Dog Baked Fries Green Beans Chilled Canned Fruit Fresh Fruit	14 No Lunch Served 1:00 p.m. dismissal
17 Toasted Cheese Sweet Potato Puffs, Spinach Chilled Canned Fruit Fresh Fruit	18 <u>Soft Tacos</u> Lettuce, Tomato, Cheddar Cheese, Mixed Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	19 Chicken Nuggets Mashed Potatoes Seasoned Corn WG Dinner Roll Chilled Canned Fruit Fresh Fruit	20 Burger On a Roll Sweet Tots Baked Beans Chilled Canned Fruit Fresh Fruit	21 Pizza Green Beans Chilled Canned Fruit Fresh Fruit
24 Hot Dog Baked Fries Green Beans Chilled Canned Fruit Fresh Fruit	25 <u>Soft Tacos</u> Lettuce, Tomato, Cheddar Cheese, Mixed Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	26 Mac & Cheese Stewed Tomatoes Carrots Chilled Canned Fruit Fresh Fruit	27 Pancakes Sausage Patty Hash Brown Chilled Canned Fruit Fresh Fruit	28 Pizza Green Beans Chilled Canned Fruit Fresh Fruit
31 Burger On a Roll Sweet Tots Baked Beans Chilled Canned Fruit Fresh Fruit	April 1st <u>Soft Tacos</u> Lettuce, Tomato, Cheddar Cheese, Mixed Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	2 Chicken Alfredo Pasta Broccoli Dinner Roll Chilled Canned Fruit Fresh Fruit	3 Pulled Pork Sandwich Potato Wedges Chilled Canned Fruit Fresh Fruit	4 Pizza Green Beans Chilled Canned Fruit Fresh Fruit

MARCH 2025

ENTRÉE' ALTERNATES

CHOOSE FROM THE
FOLLOWING COLD
OPTIONS.

MONDAYS

Ham & Cheese Sandwich
Or
PB&J

TUESDAYS

PB&J
Or
Turkey & Cheese Sandwich

WEDNESDAYS

PB&J
Or
Ham & Cheese Sandwich

THURSDAYS

Ham & Cheese Sandwich
Or
PB&J

FRIDAYS

PB&J
Or
Turkey & Cheese Sandwich



***All Menu stations are offered with a choice of 2 fruit or 2 vegetable sides and a choice of fat free chocolate, skim white and 1% white milk.**

Serving Time Starts:@ 11:35AM

Lunch Price: \$3.75 Milk Price: \$.60

"This institution is an equal opportunity provider"