



ISLAND HEIGHTS GRADE SCHOOL- LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
2 Shredded BBQ Chicken Sweet Tots Carrots Chilled Canned Fruit Fresh Fruit	3 <u>NACHO TUESDAY'S</u> Lettuce, Tomato, Cheddar Cheese, Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	4 Chicken Nuggets Mashed potatoes Green Beans Chilled Canned Fruit Fresh Fruit	5 Grilled Cheese Sweet Tots Chilled Canned Fruit Fresh Fruit	6 Pizza Green Beans Chilled Canned Fruit Fresh Fruit
9 Popcorn Chicken Mashed Potatoes Seasoned Corn Dinner Roll Chilled Canned Fruit Fresh Fruit	10 <u>Chicken Fajita's</u> Lettuce Tomato Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	11 Mac & Cheese Stewed Tomatoes Dinner Roll Green Beans Chilled Canned Fruit Fresh Fruit	12 Egg Patty, Sausage Patty Pancakes Hash Brown Chilled Canned Fruit Fresh Fruit	13 Half Day No Lunches Served
16 Hamburger or Cheeseburger Baked Fries Sweet Peas Chilled Canned Fruit Fresh Fruit	17 <u>NACHO TUESDAY'S</u> Lettuce, Tomato, Cheddar Cheese, Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	18 Chicken Nuggets Mashed potatoes Green Beans Chilled Canned Fruit Fresh Fruit	19 Pasta With Meat Sauce Broccoli Chilled Canned Fruit Fresh Fruit	20 Pizza Green Beans Chilled Canned Fruit Fresh Fruit
23 Hot Dog Baked Beans Baked Fries Peas Chilled Canned Fruit Fresh Fruit	24 <u>Chicken Fajita's</u> Lettuce Tomato Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	25 Grilled Cheese Sweet Tots Chilled Canned Fruit Fresh Fruit	26 Herb Encrusted Chicken Mashed Potatoes Corn Dinner Roll Chilled Canned Fruit Fresh Fruit	27 Pizza Green Beans Chilled Canned Fruit Fresh Fruit
30 Sloppy Joe's Baked Fries Peas Chilled Canned Fruit Fresh Fruit	31 <u>NACHO TUESDAY'S</u> Lettuce, Tomato, Cheddar Cheese, Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit			

MARCH- 2026

ENTRÉE' ALTERNATES
 Looking for something
 different?

Choose from the
 following cold options

When Ordering Please
 Give the total number of
 "A" or "B" Alternatives

MONDAYS
 Nacho Fun Lunch
 Or
 PB&J Fun Lunch

TUESDAYS
 PB&J Fun Lunch
 Or
 Pizza Bagel Fun Lunch

WEDNESDAYS
 PB&J Fun Lunch
 Or
 Ham & Cheese Sandwich

THURSDAYS
 Nacho Fun Lunch
 Or
 PB&J Fun Lunch

FRIDAYS
 PB&J Fun Lunch
 Or
 Turkey & Cheese Sandwich



***All Menu stations are offered with a choice of 2 fruit or 2 vegetable sides and a choice of fat free chocolate, skim white and 1% white milk.**

Serving Time Starts: @ 11:30AM

Lunch Price: \$3.85 Milk Price: \$0.65

"This institution is an equal opportunity provider"