



ISLAND HEIGHTS GRADE SCHOOL - LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
3 Burger On a Roll Sweet Tots Baked Beans Chilled Canned Fruit Fresh Fruit	4 <u>Soft Tacos</u> Lettuce, Tomato, Cheddar Cheese, Mixed Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	5 Toasted Cheese Sweet Potato Puffs, Spinach Chilled Canned Fruit Fresh Fruit	6 Pasta W/ Meat Sauce Broccoli Dinner Roll Chilled Canned Fruit Fresh Fruit	7 Pizza Green Beans Chilled Canned Fruit Fresh Fruit
10 Chicken Nuggets Mashed Potatoes Seasoned Corn WG Dinner Roll Chilled Canned Fruit Fresh Fruit	11 <u>Soft Tacos</u> Lettuce, Tomato, Cheddar Cheese, Mixed Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	12 Hot Dog Baked Fries Green Beans Chilled Canned Fruit Fresh Fruit	13 Mac & Cheese Stewed Tomatoes Carrots Chilled Canned Fruit Fresh Fruit	14 Early Dismissal No Lunch Served
17 Presidents Day School Closed	18 <u>Soft Tacos</u> Lettuce, Tomato, Cheddar Cheese, Mixed Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	19 Toasted Cheese Sweet Potato Puffs, Spinach Chilled Canned Fruit Fresh Fruit	20 Pancakes Sausage Patty Hash Brown Chilled Canned Fruit Fresh Fruit	21 Pizza Green Beans Chilled Canned Fruit Fresh Fruit
24 Hot Dog Baked Fries Green Beans Chilled Canned Fruit Fresh Fruit	25 <u>Soft Tacos</u> Lettuce, Tomato, Cheddar Cheese, Mixed Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	26 Chicken Nuggets Mashed Potatoes Seasoned Corn WG Dinner Roll Chilled Canned Fruit Fresh Fruit	27 Sloppy Joe On A Bun Tater Tots Carrots Chilled Canned Fruit Fresh Fruit	28 Pizza Green Beans Chilled Canned Fruit Fresh Fruit
MARCH 3rd Burger On a Roll Sweet Tots Baked Beans Chilled Canned Fruit Fresh Fruit	4 <u>Soft Tacos</u> Lettuce, Tomato, Cheddar Cheese, Mixed Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	5 Pasta W/ Meat Sauce Broccoli Dinner Roll Chilled Canned Fruit Fresh Fruit	6 Pulled Pork Sandwich Potato Wedges Chilled Canned Fruit Fresh Fruit	7 Pizza Green Beans Chilled Canned Fruit Fresh Fruit

FEBRUARY 2025

ENTRÉE' ALTERNATES

CHOOSE FROM THE FOLLOWING COLD OPTIONS.

MONDAYS

Ham & Cheese Sandwich
 Or
 PB&J

TUESDAYS

PB&J
 Or
 Turkey & Cheese Sandwich

WEDNESDAYS

PB&J
 Or
 Ham & Cheese Sandwich

THURSDAYS

Ham & Cheese Sandwich
 Or
 PB&J

FRIDAYS

PB&J
 Or
 Turkey & Cheese Sandwich



***All Menu stations are offered with a choice of 2 fruit or 2 vegetable sides and a choice of fat free chocolate, skim white and 1% white milk.**

Serving Time Starts: @ 11:35AM

Lunch Price: \$3.75 Milk Price: \$.60

"This institution is an equal opportunity provider"