

## ISLAND HEIGHTS GRADE SCHOOL - LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
Hot Dog Baked Fries Green Beans Chilled Canned Fruit Fresh Fruit	<u>NACHO TUESDAY'S</u> Lettuce, Tomato, Cheddar Cheese, Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	Popcorn Chicken Mashed Potatoes Seasoned Corn Dinner Roll Chilled Canned Fruit Fresh Fruit	Mac & Cheese Stewed Tomatoes Carrots Chilled Canned Fruit Fresh Fruit	Pizza Green Beans Chilled Canned Fruit Fresh Fruit
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
Shredded BBQ Chicken Sweet Tots Carrots Chilled Canned Fruit Fresh Fruit	<u>Chicken Fajita's</u> Lettuce Tomato Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	General Tso's Chicken Oriental Vegetables Fried Rice Fortune Cookie	Egg Patty, Sausage Patty Pancakes Hash Brown Chilled Canned Fruit Fresh Fruit	Half Day  No Lunches Served
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<i>President Day</i>  <i>School Closed</i>	<u>NACHO TUESDAY'S</u> Lettuce, Tomato, Cheddar Cheese, Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	Chicken Nuggets Mashed potatoes Green Beans Chilled Canned Fruit Fresh Fruit	Pasta With Meat Sauce Broccoli Chilled Canned Fruit Fresh Fruit	Pizza Green Beans Chilled Canned Fruit Fresh Fruit
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
Sloppy Joe's Baked Fries Peas Chilled Canned Fruit Fresh Fruit	<u>Chicken Fajita's</u> Lettuce Tomato Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	Grilled Cheese Sweet Tots Chilled Canned Fruit Fresh Fruit	Herb Encrusted Chicken Mashed Potatoes Corn Dinner Roll Chilled Canned Fruit Fresh Fruit	Pizza Green Beans Chilled Canned Fruit Fresh Fruit

FEBRUARY 2026

**ENTRÉE' ALTERNATES**  
Looking for something different?

Choose from the following cold options

When Ordering Please  
Give the total number of "A" or "B" Alternatives

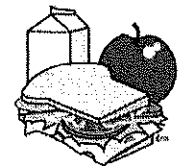
**MONDAYS**  
Nacho Fun Lunch  
Or  
PB&J Fun Lunch

**TUESDAYS**  
PB&J Fun Lunch  
Or  
Pizza Bagel Fun Lunch

**WEDNESDAYS**  
PB&J Fun Lunch  
Or  
Ham & Cheese Sandwich

**THURSDAYS**  
Nacho Fun Lunch  
Or  
PB&J Fun Lunch

**FRIDAYS**  
PB&J Fun Lunch  
Or  
Turkey & Cheese Sandwich



**\*All Menu stations are offered with a choice of 2 fruit or 2 vegetable sides and a choice of fat free chocolate, skim white and 1% white milk.**

**Serving Time Starts: @ 11:35AM**

**LUNCH PRICE: \$3.85 Milk Price: \$.065**

**"This institution is an equal opportunity provider"**

