



## ISLAND HEIGHTS GRADE SCHOOL - LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
2 Burger Or Cheeseburger Baked Fries Baked Beans Chilled Canned Fruit Fresh Fruit	3 <u>NACHO TUESDAY'S</u> Lettuce, Tomato, Cheddar Cheese, Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	4 Popcorn Chicken Mashed Potatoes Seasoned Corn Dinner Roll Chilled Canned Fruit Fresh Fruit	5 Mac & Cheese Stewed Tomatoes Carrots Chilled Canned Fruit Fresh Fruit	6 Pizza Green Beans Chilled Canned Fruit Fresh Fruit
9 BBQ Pulled Pork On a Roll Sweet Tots Carrots Chilled Canned Fruit Fresh Fruit	10 <u>NACHO TUESDAY'S</u> Lettuce, Tomato, Cheddar Cheese, Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	11 Pasta With Meat Sauce Broccoli Chilled Canned Fruit Fresh Fruit	12 Toasted Cheese Sweet Potato Puffs, Spinach Chilled Canned Fruit Fresh Fruit	13 Pizza Green Beans Chilled Canned Fruit Fresh Fruit
16 Hot Dog Baked Fries Green Beans Chilled Canned Fruit Fresh Fruit	17 <u>NACHO TUESDAY'S</u> Lettuce, Tomato, Cheddar Cheese, Black Beans Salsa, Brown Rice, Chilled Canned Fruit Fresh Fruit	18 Mac & Cheese Stewed Tomatoes Carrots Chilled Canned Fruit Fresh Fruit	19 Egg Patty, Sausage Patty Pancakes Hash Brown Chilled Canned Fruit Fresh Fruit	20 Early Dismissal  No Lunches Served
23 <b>Winter Recess</b>  <b>School Closed</b>	24 <b>Winter Recess</b>  <b>School Closed</b>	25 <b>Winter Recess</b>  <b>School Closed</b>	26 <b>Winter Recess</b>  <b>School Closed</b>	27 <b>Winter Recess</b>  <b>School Closed</b>
30 <b>Winter Recess</b>  <b>School Closed</b>	31 <b>Winter Recess</b>  <b>School Closed</b>	January 1st <b>Winter Recess</b>  <b>School Closed</b>	2 Chicken Nuggets Mashed Potatoes Seasoned Corn WG Dinner Roll Chilled Canned Fruit Fresh Fruit	3 Pizza Green Beans Chilled Canned Fruit Fresh Fruit

DECEMBER 2024,

### ENTRÉE' ALTERNATES

CHOOSE FROM THE FOLLOWING COLD OPTIONS.

**MONDAYS**  
Ham & Cheese Sandwich  
Or  
PB&J

**TUESDAYS**  
PB&J  
Or  
Turkey & Cheese Sandwich

**WEDNESDAYS**  
PB&J  
Or  
Ham & Cheese Sandwich

**THURSDAYS**  
Ham & Cheese Sandwich  
Or  
PB&J

**FRIDAYS**  
PB&J  
Or  
Turkey & Cheese Sandwich



\*All Menu stations are offered with a choice of 2 fruit or 2 vegetable sides and a choice of fat free chocolate, skim white and 1% white milk.

Lunch Price: \$3.75 Milk Price: \$0.60

Serving Time Starts:@ 11:35AM

"This institution is an equal opportunity provider"