


May 2024

ISLAND HEIGHTS GRADE SCHOOL - LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1</p> <p>Hawaiian Chicken Seasoned Rice Broccoli Dinner Roll Chilled Canned Fruit Fresh Fruit</p>	<p>2</p> <p>Grilled Cheese Sweet Potato Puffs Seasoned Corn Chilled Canned Fruit Fresh Fruit</p>	<p>3</p> <p>Pizza Tossed Salad W/Dressing Chilled Canned Fruit Fresh Fruit</p>
<p>6</p> <p>Burger Or Cheeseburger On A WG Roll Baked Beans, Sweet Fries Chilled Canned Fruit Fresh Fruit</p>	<p>7</p> <p><u>NACHO TUESDAY</u> Beef Nachos Lettuce, Tomato, Cheddar Cheese, Salsa, Confetti Brown Rice, Chilled Canned Fruit Fresh Fruit</p>	<p>8</p> <p>Chicken Nuggets Sweet Puffs Seasoned Corn WG Dinner Roll Chilled Canned Fruit Fresh Fruit</p>	<p>9</p> <p>Pasta W/ Meat Sauce Tossed Salad Seasoned Peas Dinner Roll Chilled Canned Fruit Fresh Fruit</p>	<p>10</p> <p>Pizza Tossed Salad W/Dressing Chilled Canned Fruit Fresh Fruit</p>
<p>13</p> <p>Pancakes Egg Patty, Sausage Patty Hash Brown Cinnamon Apples</p>	<p>14</p> <p><u>Chicken Fajita Nachos</u> Lettuce, Tomato, Cheddar Cheese, Salsa, Confetti Brown Rice, Chilled Canned Fruit Fresh Fruit</p>	<p>15</p> <p>Hot Dog On A WG Roll Seasoned Fries Baked Beans Carrot Coins Chilled Canned Fruit Fresh Fruit</p>	<p>16</p> <p>Mac & Cheese Mixed Veggies Stewed Tomatoes Chilled Canned Fruit Fresh Fruit</p>	<p>17</p> <p>Pizza Tossed Salad W/Dressing Chilled Canned Fruit Fresh Fruit</p>
<p>20</p> <p>BBQ Chicken Bowl Mashed Potatoes Seasoned Corn Dinner Roll Chilled Canned Fruit Fresh Fruit</p>	<p>21</p> <p><u>NACHO TUESDAY</u> Beef Nachos Lettuce, Tomato, Cheddar Cheese, Salsa, Confetti Brown Rice, Chilled Canned Fruit Fresh Fruit</p>	<p>22</p> <p>Chicken Nuggets Sweet Puffs Seasoned Corn WG Dinner Roll Chilled Canned Fruit Fresh Fruit</p>	<p>23</p> <p>Pasta W/ Meat Sauce Tossed Salad Seasoned Peas Dinner Roll Chilled Canned Fruit Fresh Fruit</p>	<p>24</p> <p>Half Day No Lunch Service</p>
<p>27</p> <p>Memorial Day School Closed</p> 	<p>28</p> <p><u>NACHO TUESDAY</u> Beef Nachos Lettuce, Tomato, Cheddar Cheese, Salsa, Confetti Brown Rice, Chilled Canned Fruit Fresh Fruit</p>	<p>29</p> <p>Beef A Roni Green Beans Carrots Dinner Roll Chilled Fruit Fresh Fruit</p>	<p>30</p> <p>Grilled Cheese Sweet Potato Puffs Seasoned Corn Chilled Canned Fruit Fresh Fruit</p>	<p>31</p> <p>Pizza Tossed Salad W/Dressing Chilled Canned Fruit Fresh Fruit</p>

Entrée Alternates
Looking for something different?
Choose from the following cold options.

MONDAYS
Ham & Cheese Sandwich
Or
PB&J

TUESDAYS
Turkey & Cheese Sandwich
Or
PB&J

WEDNESDAYS
PB&J
Or
Ham & Cheese Sandwich

THURSDAYS
Turkey & Cheese Sandwich
Or
PB&J

FRIDAYS
PB&J
Or
Ham & Cheese Sandwich



*All Menu stations are offered with a choice of 2 fruit or 2 vegetable sides and a choice of fat free chocolate, skim white and 1% white milk.

Serving Time: 11:35AM

Lunch Price - \$3.50 Milk Price - \$0.55

"This institution is an equal opportunity provider"