



April 2024

ISLAND HEIGHTS GRADE SCHOOL - LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
1 	2 	3 	4 	5 
8 Burger Or Cheeseburger On A WG Roll Baked Beans, Sweet Fries Chilled Canned Fruit Fresh Fruit	9 <u>NACHO TUESDAY</u> Beef Nachos Lettuce, Tomato, Cheddar Cheese, Salsa, Confetti Brown Rice, Chilled Canned Fruit Fresh Fruit	10 Beef A Roni Green Beans Carrots Dinner Roll Chilled Fruit Fresh Fruit	11 Pasta W/ Meat Sauce Tossed Salad Seasoned Peas Dinner Roll Chilled Canned Fruit Fresh Fruit	12 Pizza Tossed Salad W/Dressing Chilled Canned Fruit Fresh Fruit
15 Herb Encrusted Chicken Mashed Sweet Potatoes Green Beans Chilled Fruit Fresh Fruit	16 <u>NACHO TUESDAY</u> Beef Nachos Lettuce, Tomato, Cheddar Cheese, Salsa, Confetti Brown Rice, Chilled Canned Fruit Fresh Fruit	17 Salisbury Steak Brown Mushroom Gravy Seasoned Pasta Sweet Peas Chilled Canned Fruit Fresh Fruit	18 Mac & Cheese Mixed Veggies Stewed Tomatoes Chilled Canned Fruit Fresh Fruit	19 Pizza Tossed Salad W/Dressing Chilled Canned Fruit Fresh Fruit
22 BBQ Chicken Bowl Mashed Potatoes Seasoned Corn Dinner Roll Chilled Canned Fruit Fresh Fruit	23 <u>NACHO TUESDAY</u> Beef Nachos Lettuce, Tomato, Cheddar Cheese, Salsa, Confetti Brown Rice, Chilled Canned Fruit Fresh Fruit	24 Chicken Cacciatore Broccoli Seasoned Rice Dinner Roll Chilled Canned Fruit Fresh Fruit	25 Pasta W/ Meat Sauce Tossed Salad Seasoned Peas Dinner Roll Chilled Canned Fruit Fresh Fruit	26 Pizza Tossed Salad W/Dressing Chilled Canned Fruit Fresh Fruit
29 Pancakes Egg Patty, Sausage Patty Hash Brown Cinnamon Apples	30 <u>Chicken Fajita</u> <u>Nachos</u> Lettuce, Tomato, Cheddar Cheese, Salsa, Confetti Brown Rice, Chilled Canned Fruit Fresh Fruit	May 1st Hawaiian Chicken (Teriyaki & Pineapple) Seasoned Rice Broccoli Dinner Roll Chilled Canned Fruit Fresh Fruit	2 Grilled Cheese Sweet Potato Puffs Seasoned Corn Chilled Canned Fruit Fresh Fruit	3 Pizza Tossed Salad W/Dressing Chilled Canned Fruit Fresh Fruit

Entrée Alternates
Looking for something
different?
Choose from the
following cold options.

MONDAYS
Ham & Cheese Sandwich
Or
PB&J

TUESDAYS
Turkey & Cheese Sandwich
Or
PB&J

WEDNESDAYS
PB&J
Or
Ham & Cheese Sandwich

THURSDAYS
Turkey & Cheese Sandwich
Or
PB&J

FRIDAYS
PB&J
Or
Ham & Cheese Sandwich



***All Menu stations are offered with a choice of 2 fruit or 2 vegetable sides and a choice of fat free chocolate, skim white and 1% white milk.**

Serving Time: 11:35AM

Lunch Price - \$3.50 Milk Price: \$0.55

"This institution is an equal opportunity provider"